

ENGLISH TEXT SUMMARY NOTES "Cosi"

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Cosi 2

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Contents

AUTHOR NOTES	4
HISTORICAL CONTEXT	5
GENRE	6
Audience	6
STRUCTURE	7
STYLE	8
Comedy	8
Pathos	10
Symbols	
SETTINGS	12
CHAPTER SUMMARIES	13
CHARACTER PROFILES	
Protagonists and Antagonists	20
Construction of Character	20
Major Characters:	22
Minor Characters:	
Relationships Between Characters	
THEMES AND ISSUES	
Fear and Distrust	
Mental Illness	
Love and Pathos	
Reason versus Emotion	
Hope versus despair	
Fantasy versus Reality	
IMPORTANT QUOTATIONS	36
SAMPLE EXAM QUESTIONS.	40
Sample Part 1 Questions	40
Sample Part 2 Questions	
FINAL EXAMINATION TIPS	
REFERENCES	
References Used	
References for Students	42

Note: All page numbers provided throughout this piece are taken from *Cosi*, (1992) Currency Press: Sydney, the 1996 reprint.

Cosi 4

AUTHOR NOTES

Louis Nowra is an Australian writer who was born in Melbourne under the name Mark Doyle. He changed his name in the mid 1970s. He attended La Trobe University but did not attain a degree there, instead he's led an itinerant lifestyle until his plays began to gain recognition in the seventies. He has written plays, radio plays, non-fiction, tele-movies and a screenplay. He has also translated works and written the libretti for two pieces. His plays include *Inner Voices*, *Visions*, *Inside the Island*, *The Precious Woman*, *Sunrise*, *The Golden Age*, *Capricornia*, *Byzantine Flowers*, *The Watchtower*, *Summer of the Aliens*, *Radiance*, *The Temple* and *Crow*. In 2007 he completed the *The Boyce Trilogy* for Griffin Theatre Company, consisting of *The Woman with Dog's Eyes*, *The Marvellous Boy* and *The Emperor of Sydney*

Nowra had experienced growing up with the theme of mental illness as explored in the play *Cosi* as both of his grandmothers were placed in a mental home at the end of their lives. Nowra also chose to work in the same mental institutions that his grandmothers had occupied and it was this experience that largely influenced his work on *Cosi*. The piece *Summer of the Aliens*, which also has the protagonist Lewis, can be considered a precursor to this work. In *Summer* Lewis is merely fourteen years old, however Nowra claims that he chose the ages of fourteen and twenty one as they were formative years for him in changing the way he perceived the world around him and the people in it.

Nowra's work is considered very dark, though his later works leading up to Cosi take on lighter elements, using humour to alleviate, yet also add depth to some of his darker themes. His plays tease with the autobiographical nature of his work but there is never a strict parallel. He is happy to confess, however, to the personal experiences that have influenced him. Nowra now resides in Sydney with his wife.

For references on Nowra's life and works see:

- Veronica Kelly's work *The Theatre of Louis Nowra*.
- http://en.wikipedia.org/wiki/Louis_Nowra
- 'Frankenstein's Mozart: The Making of *Cosi*' by Gerry Turcotte and 'Trial by Madmen' by Louis Nowra in the Currency Press: Sydney addition of *Cosi*, 1994, 1995, 1996 editions.

Cosi 5

HISTORICAL CONTEXT

Nowra's play is set in 1971 in a Melbourne mental institution. The political context is the Vietnam War, when citizens around the globe were beginning to learn about the atrocities being committed in the name of democracy by soldiers who were supposed to be the 'good guys'. Lewis is condemned by his girlfriend for 'doing an opera about love and fidelity while thousands of Vietnamese are being killed by American troops'. The political backdrop of the Vietnam War is designed to highlight the madness not only of the inmates, whose rationality is often shown to be eccentric if not utterly flawed, but also of the human heart in general, which is not 'constant' but rather fickle and fluctuating. There are agendas rife throughout the text that represent the same kind of schemes and biases that warp the political process and cause pain and suffering to people all over the world.

The sixties saw the rise of the hippies promoting values of free love, peace, harmony and a throwing off of all of the rigid moralising that characterised the fifties. There were many movements prior to the sixties that embraced ideas of 'free love' as a rebellion against the strictly defined gender roles within marriage, however the 60s embraced a huge counter-cultural movement that was epitomised in 'The Summer of Love' in 1967. It might be worth investigating such things as the My Lai (pronounced Mee-Lie) Massacre in Vietnam and the protest movement against the Vietnam war, the values of the 60s embodied in free love and drug-taking, de-institutionalisation of the mentally ill in Victoria during the early 1990s, as well as the Gough Whitlam era of Australian politics.